

# PERSEKUTUAN BINA BADAN MALAYSIA

## MALAYSIAN BODYBUILDING FEDERATION

(Pendaftaran Badan Sukan 0006/98)

Presiden/President  
En. Abdul Karim bin Abdullah

Timbalan Presiden/Deputy President  
YM Raja Lokman bin Raja Ahmad



Naib Presiden/ Vice Presidents :  
En. Rosman@Asik Hussain b. Mohd Thalha'  
En. Ahmad Shafol Affendi bin Yahaya  
En. Abu Mansur Al Mathuridi bin Azahari  
En. Yeap Tzu Tsing  
En. Adrian Wong Hock Wei

Setiausaha Kehormat / Honorary Secretary  
En. Anuar bin Mamal  
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Bendahari/Treasurer  
Pn. Intan Syafinaz binti Mohamad

Affiliated to : ■ Olympic Council of Malaysia ■ Asian Bodybuilding & Physique Sports Federation (ABBF) ■ South East Asian Bodybuilding Federation (SEABBF)  
■ Commonwealth Bodybuilding Federation (CWBBF) ■ World Bodybuilding & Physique Sports Federation (WBPF)

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Our Ref : MBBF/ACH26/007  
Date : 12 January 2026

### THE PRESIDENT / SECRETARY

ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION (ABBF) AFFILIATED MEMBERS

Dear Sir/Madam,

### OFFICIAL INVITATION : 58<sup>TH</sup> ASIAN BODYBUILDING & PHYSIQUE SPORTS CHAMPIONSHIPS 2026 AND ANNUAL CONGRESS.

On behalf of the Malaysia Bodybuilding Federation (MBBF), we are pleased to extend our cordial invitation to all ABBF affiliated members to participate in the upcoming **58<sup>th</sup> Asian Bodybuilding & Physique Sports Championships 2026 and Annual Congress** which scheduled to take place in **Palace of the Golden Horses Hotel, Selangor, Malaysia from 4 to 10 August 2026**.

The championship will be hosted by the Malaysian Bodybuilding Federation (MBBF) with the esteemed cooperation of the Ministry of Youth and Sports Malaysia and the Olympic Council of Malaysia. This prestigious event is sanctioned by Asian Bodybuilding & Physique Sports Federation Federation (ABBF) and aims to bring together the best athletes from across Asia, promoting excellence, sportsmanship and unity within the bodybuilding community.

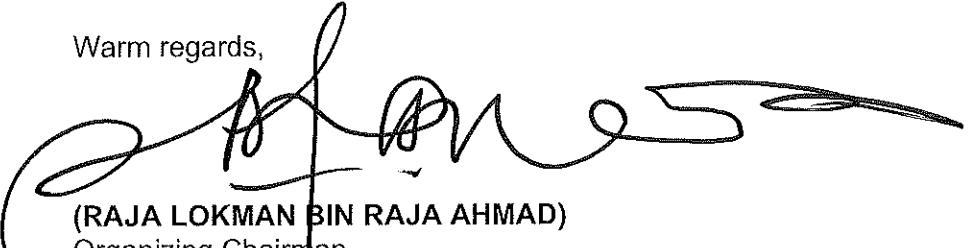
We warmly encourage all ABBF affiliated members to take part in this significant continental championship by registering their athletes and officials.

Your participation will greatly contribute to the success of the championship and further strengthen the development of bodybuilding sports in Asia.

We look forward to your positive response and welcoming you at this championships.

Thank you.

Warm regards,



(RAJA LOKMAN BIN RAJA AHMAD)

Organizing Chairman

58th Asian Bodybuilding & Physique Sports Championships 2026

Cc: 1. President  
Malaysian Bodybuilding Federation (MBBF)

2. Honorary Secretary  
Malaysian Bodybuilding Federation (MBBF)