

PERSEKUTUAN BINA BADAN MALAYSIA MALAYSIAN BODYBUILDING FEDERATION

(Pendaftaran Badan Sukan 0006/98)

Presiden/President
En. Abdul Karim bin Abdullah

Timbalan Presiden/Deputy President
YM Raja Lokman bin Raja Ahmad



Naib Presiden/ Vice Presidents :
En. Rosman@Asik Hussain b. Mohd Thalha'
En. Ahmad Shaifol Affendi bin Yahaya
En. Abu Mansur Al Mathuridi bin Azahari
En. Yeap Tzu Tsing
En. Adrian Wong Hock Wei

Setiausaha Kehormat / Honorary Secretary
En. Anuar bin Mamat
H/Phone : 019-6202549

Bendahari/Treasurer
Pn. Intan Syafinaz binti Mohamad

Affiliated to : ■ Olympic Council of Malaysia ■ Asian Bodybuilding & Physique Sports Federation (ABBF) ■ South East Asian Bodybuilding Federation (SEABBF)
■ Commonwealth Bodybuilding Federation (CWBBF) ■ World Bodybuilding & Physique Sports Federation (WBPF)

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Our Ref : MBBF/ACH26/007
Date : 12 January 2026

THE PRESIDENT / SECRETARY

ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION (ABBF) AFFILIATED MEMBERS

Dear Sir/Madam,

OFFICIAL INVITATION : 58TH ASIAN BODYBUILDING & PHYSIQUE SPORTS CHAMPIONSHIPS 2026 AND ANNUAL CONGRESS.

On behalf of the Malaysia Bodybuilding Federation (MBBF), we are pleased to extend our cordial invitation to all ABBF affiliated members to participate in the upcoming **58th Asian Bodybuilding & Physique Sports Championships 2026 and Annual Congress** which scheduled to take place in **Palace of the Golden Horses Hotel, Selangor, Malaysia from 4 to 10 August 2026.**

The championship will be hosted by the Malaysian Bodybuilding Federation (MBBF) with the esteemed cooperation of the Ministry of Youth and Sports Malaysia and the Olympic Council of Malaysia. This prestigious event is sanctioned by Asian Bodybuilding & Physique Sports Federation (ABBF) and aims to bring together the best athletes from across Asia, promoting excellence, sportsmanship and unity within the bodybuilding community.

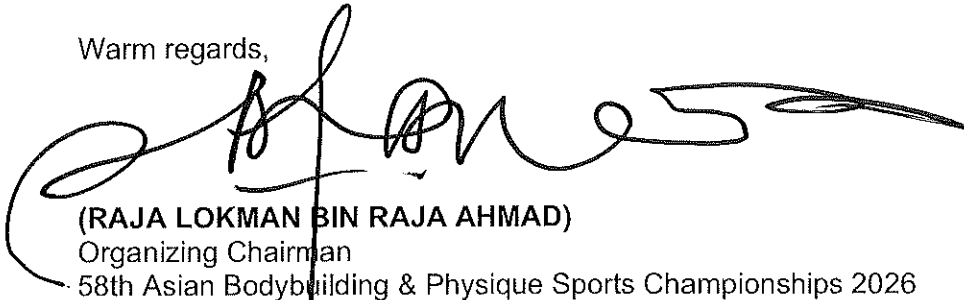
We warmly encourage all ABBF affiliated members to take part in this significant continental championship by registering their athletes and officials.

Your participation will greatly contribute to the success of the championship and further strengthen the development of bodybuilding sports in Asia.

We look forward to your positive response and welcoming you at this championships.

Thank you.

Warm regards,

A large, stylized handwritten signature in black ink, appearing to read 'Raja Lokman Bin Raja Ahmad'. The signature is written over the printed name and title.

(RAJA LOKMAN BIN RAJA AHMAD)

Organizing Chairman

58th Asian Bodybuilding & Physique Sports Championships 2026

- Cc:
1. President
Malaysian Bodybuilding Federation (MBBF)
 2. Honorary Secretary
Malaysian Bodybuilding Federation (MBBF)